

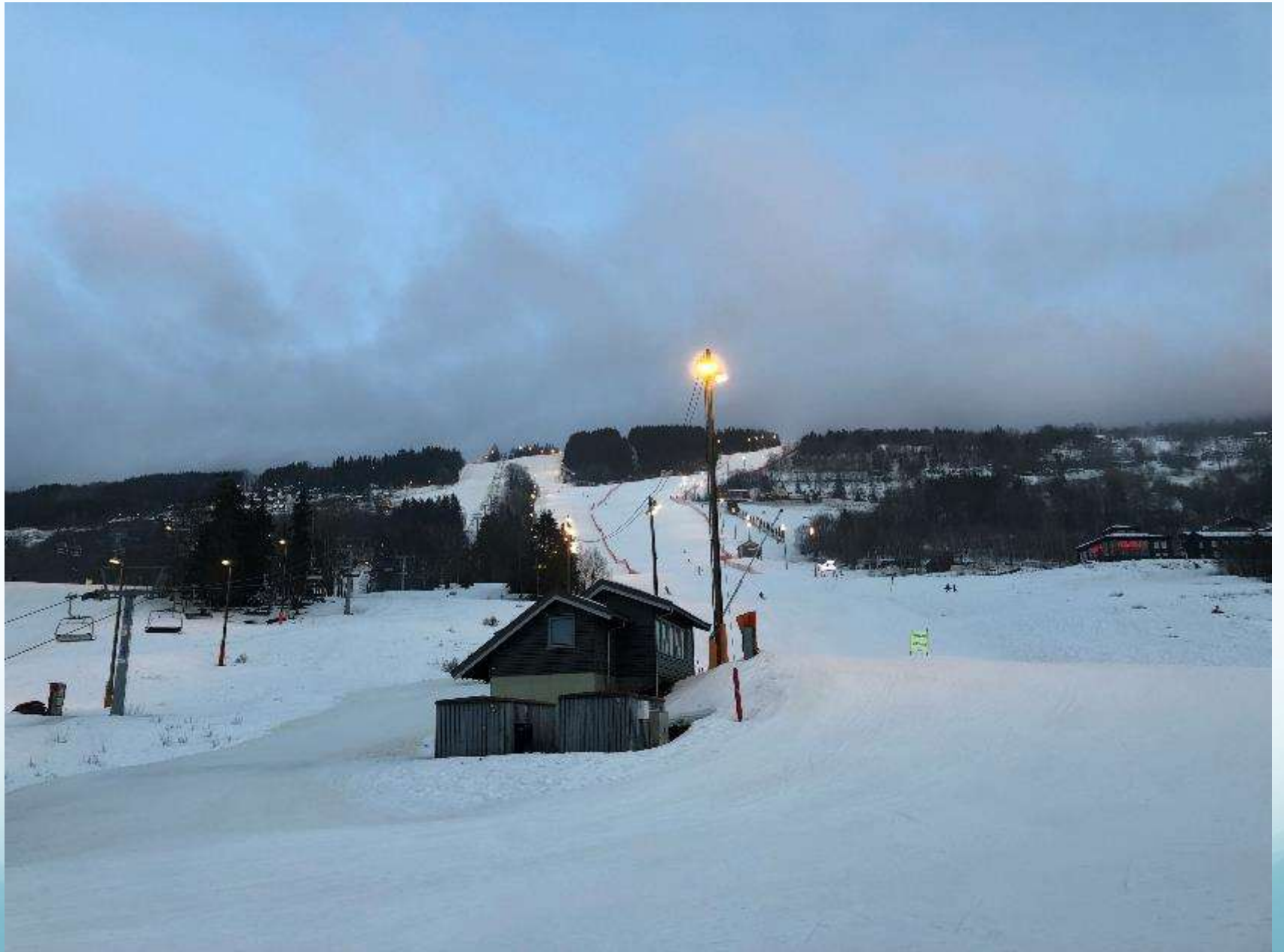
# Balla-Ski 2020

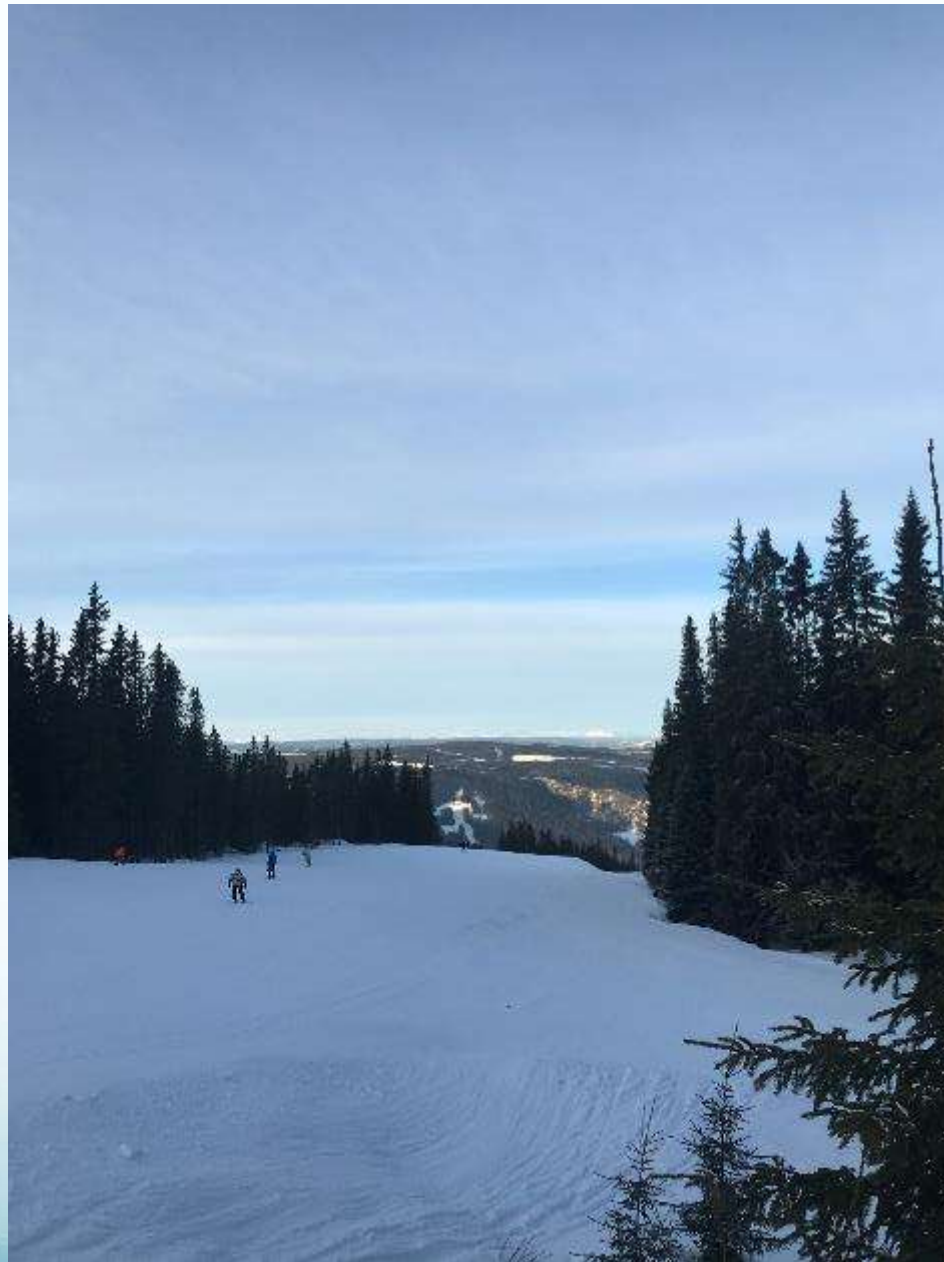












# Accommodation

## **BIRKEBEINEREN HOTEL & APARTMENTS**

- **Address**: **BIRKEBEINERVEGEN 24, 2618  
LILLEHAMMER, NORWAY**
- **Phone**: **+47 61 05 00 80**























# APRES SKI ACTIVITIES LILLEHAMMER EASTER 2020

- Tobogganing
- Curling
- Olympic Park
- Olympic Museum
- Shopping Mall



# Kit List

1 pair sallopettes

Ski jacket – with snow skirt

Waterproof ski gloves/mitts

3 pairs Knee length socks ski socks

Goggles – that provide uv protection from sun.

Neck warmer

3 base layers/ long sleeved t shirts

2 middle layers – eg. Long sleeved Sweat-jumpers

Lip balm

Sun cream.

Back pack to carry water, purse, wallet etc.



# Kit List – Apres Ski

SKI HOODIE – to travel in.

2 complete changes of clothing - eg

Jeans

T/shirts

Jumpers/hoodies

Waterproof Trainers/walking boots

Tracksuit/sweat pants PJ's

Undies

Toiletries

Norwegian Krone

Maximum weigh limit for bags is 20KG  
EACH WAY.





Allergies – any skier who suffers from any allergies needs to let us know asap.

## Personal Medication

Any skier who uses an inhaler or needs to carry an epi-pen, will need to provide their group leader with a duplicate inhaler or epi-pen.

Any skier with special dietary requirements such as vegetarians, gluten free or food allergies please talk to us before leaving.



# Group leaders will....

- Contact parents in the 2 weeks before the trip to introduce themselves
- Pass on/ take in any updated information
- Check emergency contact details for all students
- Answer any questions

# Travel Schedule

- **Sunday 05/04/20** Meet Ronaldsway 5.30am. (subject to change)
- Depart IOM– 6.50am - Arrive Manchester 7.45am
- Dep Manchester 6.20pm - Arrive Oslo – 9.15pm
- Transfer by coach to resort
  
- **Sunday 13/04/20** Depart Oslo 8.40am
- Arrive Manchester – 9.40am
- Depart Manchester 2.10pm - Arrive IOM – 3pm

# Any Questions?

