

**MANX GYMNASTICS CENTRE OF EXCELLENCE**

# **INCLUSIVE FUN GYMNASTICS SESSIONS FOR SEND CHILDREN**

**PARENT/GUARDIAN/CARER LED SESSION  
ASSISTED BY QUALIFIED COACHES WITH SEN EXPERIENCE**

**EVERY OTHER SUNDAY  
BEGINNING 5TH JANUARY 2025  
1:30PM - 3:30PM**

**£6.00 PER SESSION**

**THESE CLASSES ARE CATERED TO CHILDREN  
WITH SEND OR THOSE WHO MAY NOT THRIVE  
IN OUR STRUCTURED CLASSES**

**SIBLINGS WELCOME AT A DISCOUNTED RATE**



**DISCOVER YOUR LOVE FOR GYMNASTICS AT YOUR OWN PACE**

**ADDITIONAL INFORMATION WILL  
BE POSTED ON MANX  
GYMNASTICS FACEBOOK PAGE**



# Lester's Yard

Adventure Playground

Private drop-in session for school-age children  
with autism and/or a learning disability



Monday 7 & 14 April

10am-12pm

with Jenny Cawte



**EASTER SCHOOL BREAK**

# SWIM SESSIONS

**GLENCRUTCHERY SWIMMING POOL  
GREENFIELD RD, DOUGLAS**

- For school-age children with a learning disability and/or autism.
- A responsible adult is required to support the child in the water.
- A lifeguard is on duty.

**MONDAY 7 APRIL**

- Session 1: 1-1:45pm
- Session 2: 2:15-3pm

**SIGN UP NOW**


@ [mencap@manx.net](mailto:mencap@manx.net)



MANX MENCAP HOSTS



# DRAGONS CASTLE



Easter break sessions for children  
with learning disabilities &/or autism

**TUES 8 APR | 10AM-12PM**  
**TUES 15 APR | 10AM-12PM**  
**SUN 20 APR | 4-6PM**

**SIGN UP NOW!**

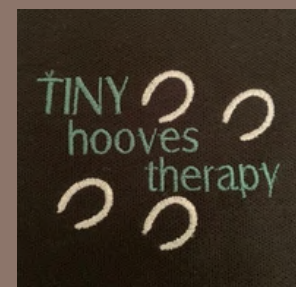
email [mencap@manx.net](mailto:mencap@manx.net)



# TINY HOOVES THERAPY

**TUESDAY 8TH APRIL**

**2-3PM**



**For school age children with autism and or those who  
attend a Specialist Provision Centre  
To book a place please email with the following details:  
Parent/guardian name & contact details  
Young persons' name  
[autisminmann@manx.net](mailto:autisminmann@manx.net)**



DROP-IN & MEET UP...

# HOME OF REST FOR OLD HORSES

WEDNESDAY

9 APRIL

- MEET-UP
- FEED THE HORSES & DONKEYS 
- VISIT THE CAFE



10AM-12PM

# DISABILITY EASTER SESSIONS MULTI & GLOW SPORTS



**Multi-Sports  
Session**  
2pm - 3pm  
£2.25

**Glow sports  
Session**  
3:30pm - 4:30pm  
£2.25



**NSC SECONDARY HALL**  
**APRIL 9TH & 16TH**

**PAY AT THE NSC RECEPTION OR BOOK ONLINE:MSR.GOV.IM**



DROP-IN SESSION

# LEGO CLUB

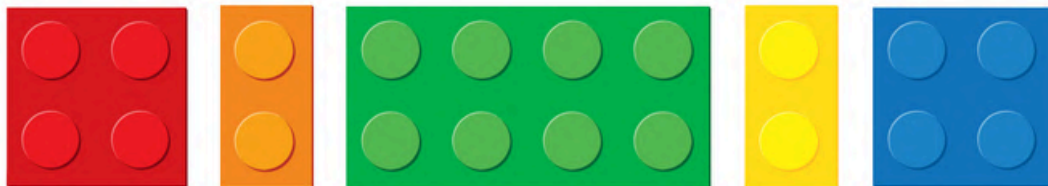
FOR CHILDREN & YOUNG PEOPLE WITH  
AUTISM & /OR A LEARNING DISABILITY

THURSDAY 10 MARCH  
10AM - 12PM



**FAMILY LIBRARY**

WESTMORELAND ROAD, DOUGLAS



ALL CHILDREN MUST BE SUPERVISED BY A  
RESPONSIBLE ADULT | ALL LEGO PROVIDED

Autism in Mann Charity no. 607 | [autisminmann@manx.net](mailto:autisminmann@manx.net)

Family Library Charity no. 1211 | [info@familylibrary.im](mailto:info@familylibrary.im)

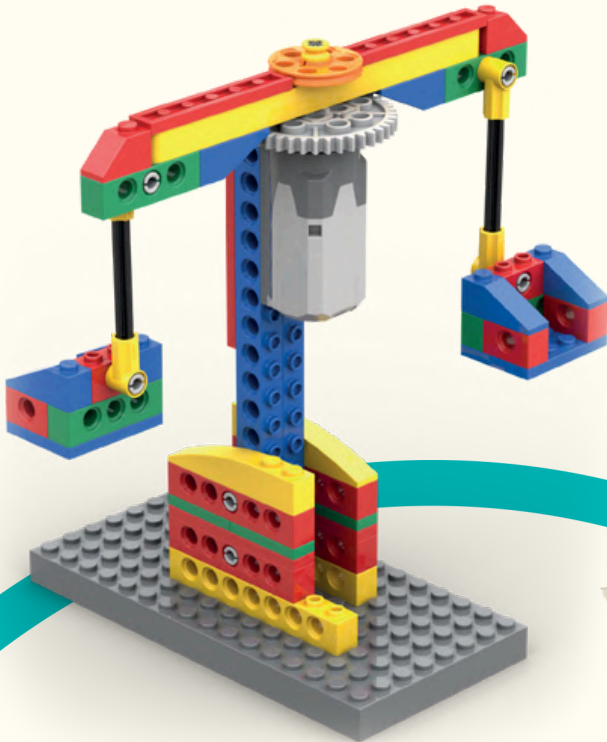
Manx Mencap Charity no. 206 | [mencapemanx.net](http://mencapemanx.net)





# TEENAGE ACTIVITY GROUP

FOR AUTISTIC YOUNG PEOPLE, THOSE WITH A SOCIAL COMMUNICATION NEED OR ACCESSING A SPECIALIST PROVISION CENTRE



**TAG**

# YOUNG ENGINEERS

**10TH APRIL CENTRE 21**

**SESSION 1 12.30PM-2PM**

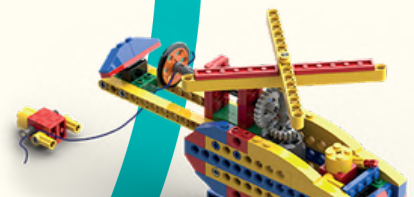
**SESSION 2 2.15PM-3.45PM**

To book a place please email with the following details;

Parent/guardian name & contact details

Young persons' name

[autisminmann@manx.net](mailto:autisminmann@manx.net)



# SWIMMING SESSION

NORTHERN SWIMMING POOL

FRIDAY 11TH APRIL 4-5PM

FOR AUTISTIC CHILDREN AND OR THOSE ACCESSING A  
SPECIALIST PROVISION CENTRE



## Booking Required

To request a space please email  
[autisminmann@manx.net](mailto:autisminmann@manx.net)  
with the following details

- Child / Young persons' name
- Child / Young persons' school including SPC or Mainstream
- Child / Young persons age
- Parent / responsible adult's contact number, email and name



The pool will be closed to the public at  
this time .

a different brilliant



Every child/young person will need a parent  
or responsible adult that will be in the water  
at all times. There will be **NO** exceptions to  
this pool rule.

Jenny Cawte  
Autism & Social Communication Liaison Officer  
[asc@sch.im](mailto:asc@sch.im)



# Your place to play

A safe space for disabled children aged 5 - 11 to kickstart their football journey

**Just be you!**



Scan here to see Comets in action!

Time and Date:

Fridays | 5-6pm

Location:

Centre 21, Greenfield Rd, Douglas

Contact:

Peter Corkhill

Phone:

07624 396712

Email:

[pete.corkhill@gov.im](mailto:pete.corkhill@gov.im)



Get in touch to book your first session  
<https://tinyurl.com/IOMcomets>



## *Teenage Activity Group*

*For autistic young people, those with a social communication need or accessing a Specialist Provision Centre*

# **APE MAN 15TH APRIL 1-3PM**

*South Barrule Plantation*

*To book a place please email  
autismninnmann@manx.net  
and provide the following details;  
Parent/guardian name  
Young persons' name  
Contact email and mobile*





# 'WALK 'N WHEEL

WEDNESDAY 16TH APRIL 10AM-12PM NSC RACEWAY

**Autism Acceptance Month**



Join us for a walk, cycle or scoot to raise awareness for Autism.

Bring your own bikes, scooters and helmets or join us and walk and talk.

No Dogs Allowed



The racetrack will be closed to vehicles and the public for a private event designated for school-age children who are autistic, have social communication needs, or attend a Specialist Provision Centre.



**Thursday  
17  
April**



# **DOG THERAPY**

**11:30 AM  
-  
12:30PM**

*\*For school-age children with a learning disability and/or autism*



**Centre 21  
Douglas**



**Drop-in  
session**



Isle of Man Registered Charity no. 206





# Spring Chicks & Birds



# ART *Adventures* WORKSHOP

**Thursday  
17  
April  
1 - 2:30 PM**

\*For school-age children with a learning disability and/or autism



**Centre 21  
Douglas**



**Email now to  
sign-up!**  
[mencap@manx.net](mailto:mencap@manx.net)



Isle of Man Registered Charity no. 206

