## Year 7 Dishes and their allergen content

| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Tomato <br> Pasta <br> Sauce |  |  |  |  |  |  |  |  |  | Vegetable Oil |  |  |  |  |
| Pizza Toast |  | $\underset{\text { Flour }}{\sqrt{ }}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Banana \& Chocolate Muffins |  | $\underset{\text { Flour }}{\boldsymbol{V}}$ |  |  |  |  | $\sqrt{ }$ <br> Chocolate \& butter |  |  |  |  |  |  |  |
| Scones |  | $\underset{\text { Flour }}{\boldsymbol{V}}$ |  |  |  |  | $\sqrt{ }$ <br> Butter \& milk |  |  |  |  |  |  |  |
| Shortbread |  | $\underset{\text { Flour }}{\boldsymbol{V}}$ |  |  |  |  | $\underset{\text { Butter }}{\boldsymbol{V}}$ |  |  |  |  |  |  |  |

The above table is a guideline. Please refer to the provided recipes if your son/daughter has a food allergy.

We cannot guarantee that dishes made in the classroom are free from ingredients (provided by school / brought in by students) that may affect those with food allergies.

