## **Year 7 Practical Cookery Dishes: Allergen Chart**

						Lupin Flour	Milk		MUSTARD					WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Year 7														
Tomato Sauce														
Pizza Toast		Bread					Cheese							
Scones		Flour					Butter and Milk							
Banana and Chocolate Muffins		Flour					Chocolate							
Shortbread		Flour					Butter							

The above table is a guideline. Please refer to the provided recipes if your son/daughter has a food allergy.

We cannot guarantee that dishes made in the classroom are free from ingredients (provided by school / brought in by students) that may affect those with food **allergies**.

