Raspberry Buns

Method

- 1. Preheat oven to 180°C
- 2. Line the baking tray with baking paper
- 3. Weigh out the flour

Use a small bowl

- **4. Sift** the flour into a large bowl
- 5. Weigh out the correct amount of butter

Use a small bowl

Use a white chopping board if necessary

- 6. Cut the butter into small pieces and add to the flour Use a white chopping board
- 7. **Rub** the butter into the flour until golden breadcrumbs [A]

 To avoid melting use your fingertips and cold hands

 Use a safety mat to keep the bowl firm
- 8. Weigh out the sugar

Use a small bowl

- 9. Add the sugar into the mixture and **stir** with a spoon
- 10. Crack the egg into the small bowl and beat with a fork
- 11. Pour the egg into the flour mixture and lightly mix with a spoon
- 12. Use one hand to **combine** and gently **knead** the mixture until it binds to form a ball

! Do not over work the dough

- 13. Divide the dough into 6 even sized **portions** then **shape** into balls (place each ball onto the baking paper and tray)
- 14. Gently push your thumb into the middle of each ball to create a place for the jam [B]
- 15. Spoon jam into each hole

This is easier using two spoons

16. Bake in oven for 12-15 minutes until golden brown [C]

! Be very careful as hot jam is dangerous

Ingredients

- · 225g self-raising flour
- 100g butter
- 100g caster sugar
- 1 large egg
- 0.5 jar of jam
- Container

Equipment

- Blue tray
- · Weighing scales
- · Safety mat
- Baking paper
- Dessert spoon x2
- Round bladed knife
- Fork
- Timer
- · Wooden triangle
- White chopping board
- Baking tray
- Large bowl
- Small bowl
- Sieve

Key Moments





[A] Rub the butter into the flour until golden breadcrumbs



[B] Balls of dough with thumb holes ready for the jam



[C] Raspberry buns should be golden brown when cooked