Year 8 Food Technology - Allergen Chart

Dishes						.upin Flour	Milk		MUSTARD			THE SAME OF THE SA		WAS SEED OF THE SE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Jalfrezi														
Bolognese	Optional	Stock Cube												
Sweet and Sour Chicken		Cornflour											Soya Sauce	
Cheesecake		Biscuits					Cream Cheese, Yoghurt, Cream, Butter							
Raspberry Buns		Flour		Eggs			Butter							
Mini Frittatas				Eggs			Milk, Cheese							

The above table is a guideline only. Please refer to the provided recipes if your son/daughter has a food allergy.

We **cannot** guarantee that dishes made in the classroom are free from ingredients (provided by school / brought in by students) that may affect those with food allergies.