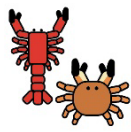
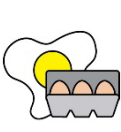
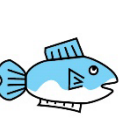
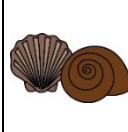


Year 9 Food & Nutrition - Allergen Chart

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cupcakes		✓ Flour		✓ Eggs			✓ Butter							
Bread Rolls		✓ Flour, Yeast		✓ Eggs										
Chicken Goujons and Mayonnaise		✓ Breadcrumbs, Flour		✓ Eggs					✓ Mustard					✓ Mustard, White wine vinegar
Chilli Con Carne											✓ Kidney Beans		✓ Kidney Beans	
Cookies		✓ Flour, Chocolate		✓ Chocolate			✓ Butter, Chocolate			✓ Chocolate	✓ Chocolate		✓ Chocolate	
Muffins		✓ Flour, Chocolate		✓ Eggs, Chocolate			✓ Milk, Chocolate			✓ Chocolate	✓ Chocolate		✓ Chocolate	
Spicy Potato Wedges and Salsa														

The above table is a guideline only. Please refer to the provided recipes if your son/daughter has a food allergy.

We **cannot** guarantee that dishes made in the classroom are free from ingredients (provided by school / brought in by students) that may affect those with food allergies.