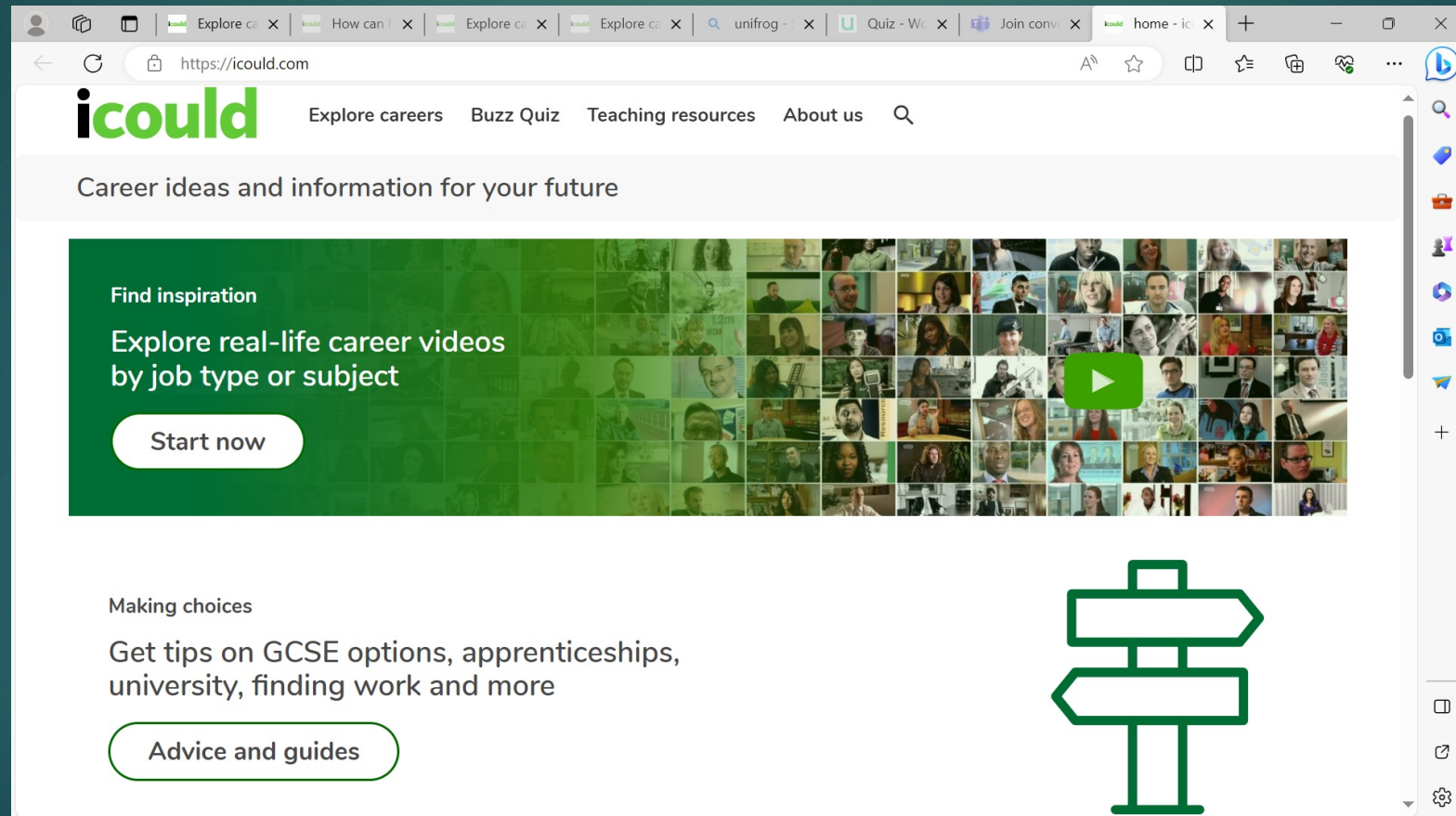




# Career Exploration

RESOURCES AVAILABLE TO YOU

# https://icould.com



The screenshot shows a web browser window with the URL <https://icould.com>. The page features the **icould** logo and navigation links: [Explore careers](#), [Buzz Quiz](#), [Teaching resources](#), and [About us](#). Below the navigation is the tagline "Career ideas and information for your future".

The main content area is a green banner with the text "Find inspiration" and "Explore real-life career videos by job type or subject". A large green play button icon is centered over a grid of small video thumbnails. A white button labeled "Start now" is positioned at the bottom left of the banner.

Below the banner, the text "Making choices" is followed by "Get tips on GCSE options, apprenticeships, university, finding work and more". A white button labeled "Advice and guides" is located at the bottom left of this section.

On the right side of the page, there is a large green icon of a signpost with two directional arrows pointing left and right.

# Explore careers - icould

The screenshot shows a web browser window with the URL <https://icould.com/explore/#careerpaths>. The page title is "Explore". Below the title is a sub-header: "Take a closer look at selected subjects and issues, with a selection of videos, guides and advice." There are five filter tabs: "Featured", "Job type", "Subject", "Theme", and "Advice and guides". The "Featured stories" section displays three video thumbnails. The first thumbnail shows a woman in a red vest with a "View" button and a play button icon. Below it is the text "Internal Communications Executive" and "Suntory". The second thumbnail shows a woman in a dark sweater with a play button icon. Below it is the text "Business Development Executive" and "Suntory". The third thumbnail shows a man in a dark shirt with a play button icon. Below it is the text "Head of Client Services" and "Slenky". A URL bar at the bottom left shows <https://icould.com/stories/denise-ice/>. The browser's address bar and various icons are visible at the top.

Explore

Take a closer look at selected subjects and issues, with a selection of videos, guides and advice.

Featured Job type Subject Theme Advice and guides

Featured stories

[View](#)

Internal Communications Executive  
Suntory

Business Development Executive  
Suntory

Head of Client Services  
Slenky

<https://icould.com/stories/denise-ice/>

# Example of featured story



# Explore

Take a closer look at selected subjects and issues, with a selection of videos, guides and advice.

Featured

Job type

Subject

Theme

Advice and guides

Accountancy and financial services  
Charities and community work ▶  
Construction, architecture and property  
Digital and tech  
Emergency services  
Environment  
Food production  
Healthcare  
Human resources  
Leisure, tourism and museums  
Marketing, PR and advertising  
Music and performing arts  
Science  
Sport and fitness

Animal care  
Civil Service, politics and local government  
Design and skilled crafts  
Education  
Engineering  
Fashion  
Hair and beauty  
Hospitality and catering  
Legal  
Manufacturing  
Media  
Retail and customer services  
Security and armed forces  
Transport and logistics

# Explore

Take a closer look at selected subjects and issues, with a selection of videos, guides and advice.

Featured

Job type

Subject

Theme

Advice and guides

Art and design  
Computing  
Drama and theatre studies  
Geography  
History  
Maths  
Music  
Science  
Travel and tourism

Business studies and economics  
Construction and architecture  
Engineering  
Hair and beauty studies  
Home economics  
Media  
Psychology  
Sociology

Child development  
Design technology  
English  
Health and social care  
Hospitality  
Modern languages  
Religious studies  
Sports science and PE

# Explore

Take a closer look at selected subjects and issues, with a selection of videos, guides and advice.

Featured

Job type

Subject

Theme

Advice and guides

Being open to opportunities

Following your passions

Work experience

Changing direction

Dealing with tough times

Challenging gender stereotypes

Living with a disability

Persevering

Unusual jobs

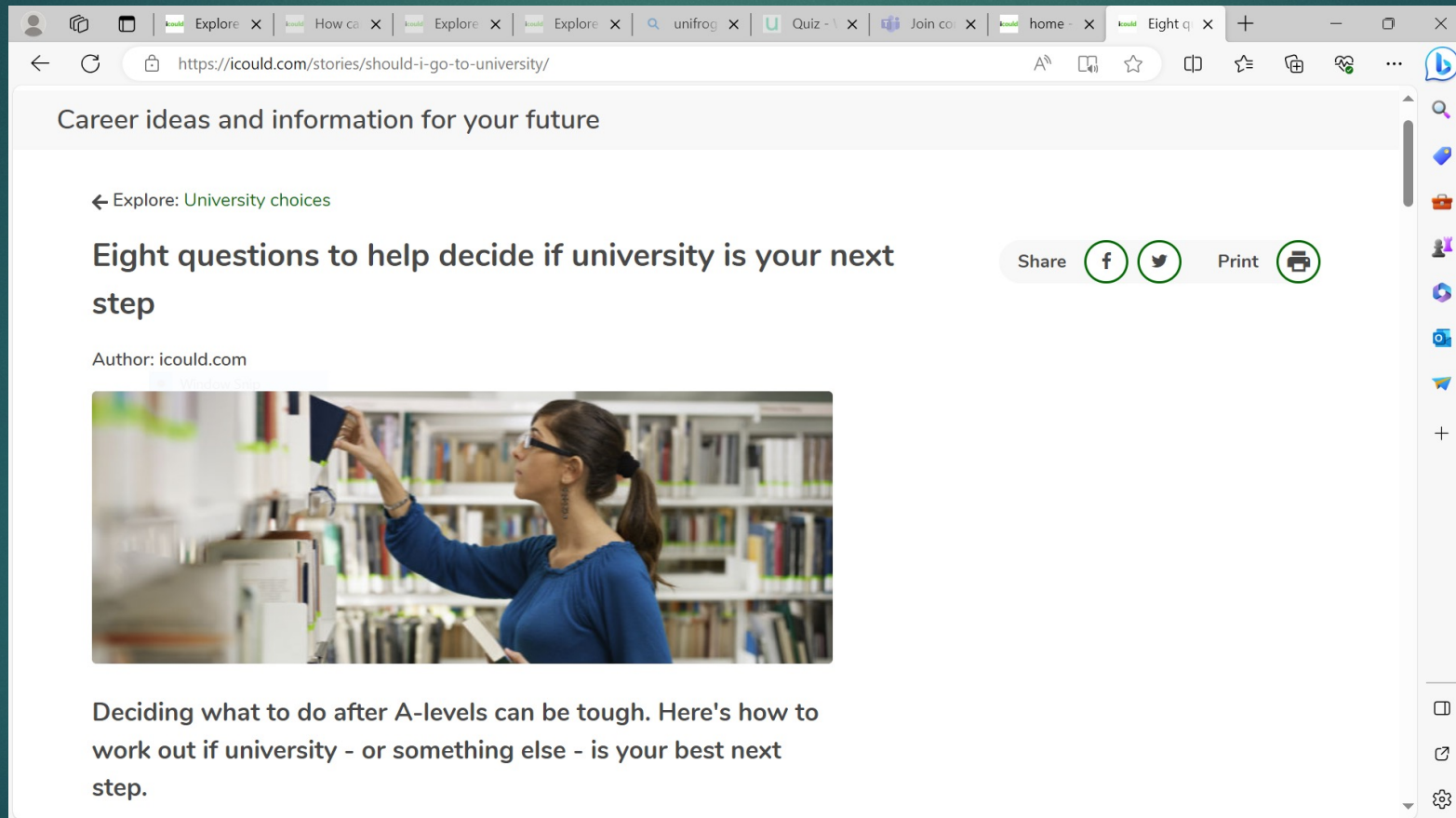
# Deciding what to do after A-Levels can be tough

If you're beginning to work out your next move after A Levels – here are some questions to ask:

1. What feels right, even if you can't explain why
2. What will you enjoy? How motivated are you? Can one balance the other?
3. What are the pros and cons?
4. What are the likely consequences or future opportunities? Does your choice open or close any doors?
5. What do your friends and family think? Why might they have this opinion?

Make a list to help you focus on options and add and weed it out every now and again.




# Eight questions to help decide if university is your next step (icould.com)




The screenshot shows a web browser window with the URL <https://icould.com/stories/should-i-go-to-university/>. The page title is "Career ideas and information for your future". Below the title, there is a breadcrumb link "← Explore: University choices". The main heading of the article is "Eight questions to help decide if university is your next step". To the right of the heading are "Share" and "Print" buttons, each with social media icons. The author is listed as "Author: icould.com". Below the text is a photograph of a young woman with glasses and a ponytail, wearing a blue top, looking up at a bookshelf in a library. Below the photo, the text reads: "Deciding what to do after A-levels can be tough. Here's how to work out if university - or something else - is your best next step."

← Explore: University choices

## Eight questions to help decide if university is your next step

Share   Print 

Author: icould.com



Deciding what to do after A-levels can be tough. Here's how to work out if university - or something else - is your best next step.

# Is university or something else your next step -8 Qs to ask yourself:

- ▶ 1. What's your end goal?
- ▶ 2. What are the alternatives?
- ▶ 3. Do you need a degree?
- ▶ 4. How much will going to university cost?
- ▶ 5. Have you done your research?
- ▶ 6. What about additional benefits?
- ▶ 7. Can you do things differently?
- ▶ 8. What's right for you?



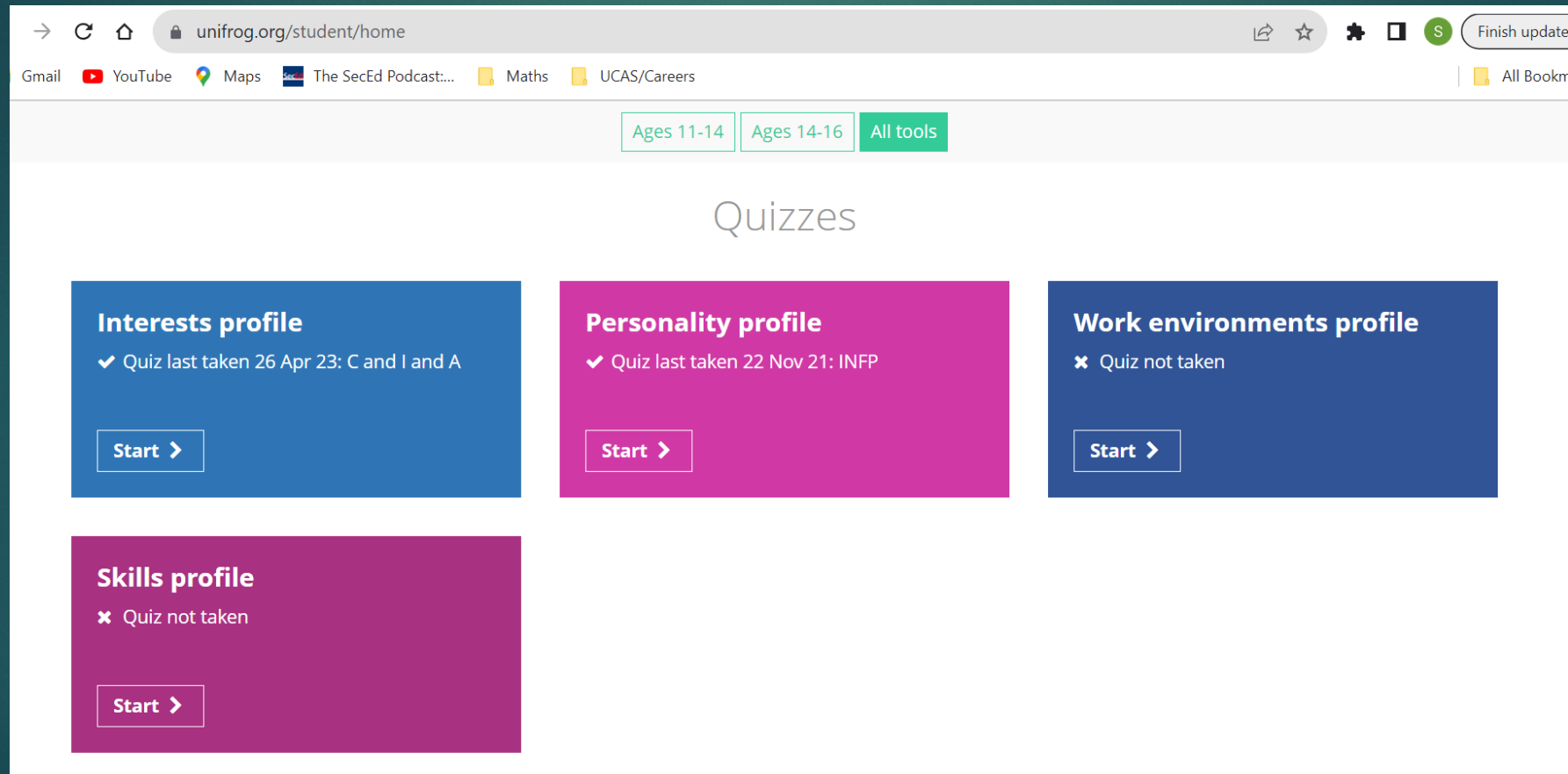
# Utilise other resources to help you:

## ▶ Unifrog:

- ▶ interests profile
- ▶ Personality profile
- ▶ Work environment
- ▶ Skills profile

- ▶ Careers Library
- ▶ Subjects library
- ▶ Know how
- ▶ MOOCs
- ▶ Webinars
- ▶ Read, watch and listen

# Log into Unifrog to explore



The screenshot shows a web browser window with the URL `unifrog.org/student/home`. The browser's address bar includes navigation icons and a 'Finish update' notification. Below the address bar, there are several bookmarked sites: Gmail, YouTube, Maps, The SecEd Podcast..., Maths, and UCAS/Careers. The main content area features a navigation bar with three tabs: 'Ages 11-14', 'Ages 14-16', and 'All tools'. The central heading is 'Quizzes'. Below this heading, there are four colored cards, each representing a different profile quiz. Each card includes a title, a status indicator (checkmark for completed, cross for not taken), and a 'Start >' button.

unifrog.org/student/home

Gmail YouTube Maps The SecEd Podcast... Maths UCAS/Careers

Finish update

All Bookm

Ages 11-14 Ages 14-16 All tools

## Quizzes

**Interests profile**

✓ Quiz last taken 26 Apr 23: C and I and A

Start >

**Personality profile**

✓ Quiz last taken 22 Nov 21: INFP

Start >

**Work environments profile**

✗ Quiz not taken

Start >

**Skills profile**

✗ Quiz not taken

Start >

Ages 11-14

Ages 14-16

All tools

## Exploring pathways

### Careers library

✓ Careers favourited

Go to tool >

### Subjects library

✓ Subjects favourited

Go to tool >

### Know-how library

✓ Guides favourited

Go to tool >

### MOOC

Make your first shortlist

Start >

### Webinars

Hear directly from the experts

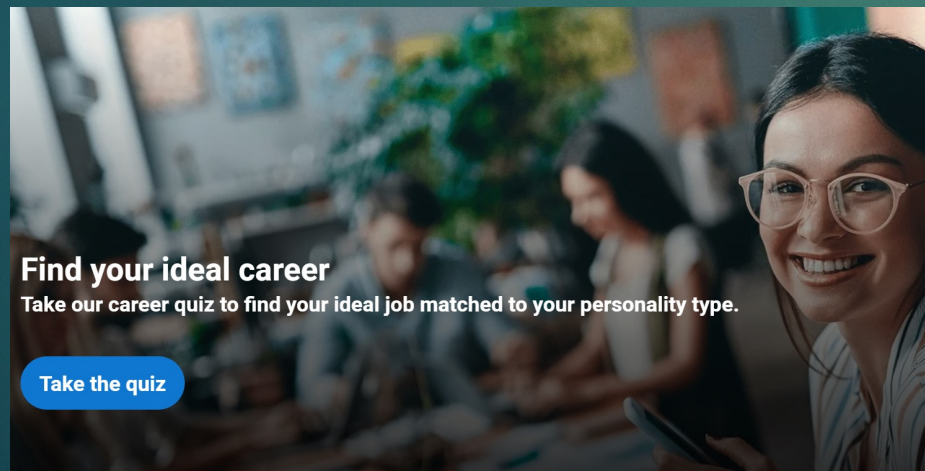
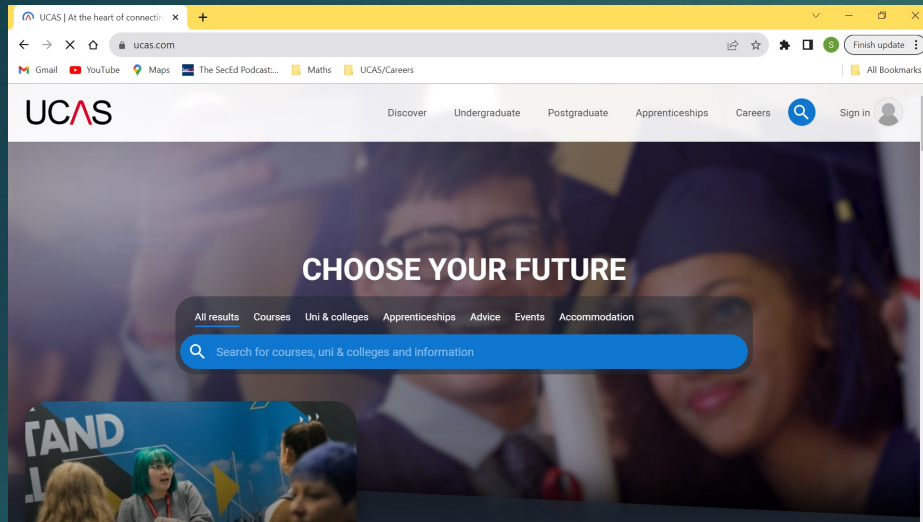
Go to tool >

### Read, Watch, Listen

✗ Profiles favourited

Start >

# Next Year - UCAS



1 6

You would like to...

**Work hands-on with objects, machines, tools, plants, or animals;  
Work and play outside; Use your physical or athletic abilities**

Strongly disagree Disagree Unsure Agree Strongly agree



# Other opportunities

POSSIBLE WORK EXPERIENCE, SPEAKERS PROGRAMME, CAREER CONVERSATION WITH CAREERS ADVISOR OR MRS LEWIN, YEAR 13 JA WORK /EMPLOYER INFORMAL INTERVIEWS, UCM OPEN DAY AND MORE...

SIGN UP TO CAREERS INFORMATION FOR JOB OPPORTUNITIES AND

CAREERS INFORMATION: **X7YVBL6**

QUESTIONS?

50 minute talk with Rosie on **Thursday 19<sup>th</sup>**  
**October from 1000 to 1050 (p3)** in the **6<sup>th</sup>**  
**Form Lecture Theatre about Civil Engineering.**

Civil Engineering.pdf - Adobe Acrobat Reader DC (32-bit)

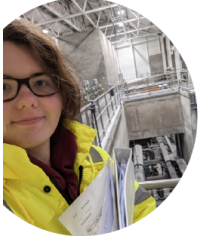
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# ARUP and Civil Engineering

ARUP is a British multinational professional services firm that provides design, engineering, architecture, planning, and advisory services across every aspect of the built environment.



Rosie is a **Civil Engineer** working for **ARUP** in Belfast as part of the Water Team. She carries out studies on existing water infrastructure and designs solutions to drainage problems and pollution incidents.

**Civil Engineers** are *problem solvers* that shape our world and transform lives by designing and building safe structures and providing essential life-giving services. They also tackle global environmental problems like climate change and pollution and take part in disaster relief efforts.

