## RSE

As previously communicated, the island's RSE programme has been paused. The information below relates to the programme that has been delivered at Ballakermeen this academic year (during half term 2). None of the content is new.

Yr Group	Topics
7	RSE Topic: My body now
	Content Covered:
	<ul> <li>My body now (parts of the body)</li> </ul>
	<ul> <li>My changing body – puberty</li> </ul>
	Menstruation
	<ul> <li>Learning about my body</li> </ul>
	<ul> <li>Body influence &amp; body image</li> </ul>
	Body confidence
8	RSE Topic: Relationships
0	Content Covered:
	• Equality
	Child development
	The best start in life
	<ul> <li>Being a parent/ carer</li> </ul>
	<ul> <li>Unhealthy relationships</li> </ul>
	<ul> <li>Unhealthy behaviour and relationships</li> </ul>
9	RSE Topic: Relationships
9	Content Covered:
	Romantic Relationships
	<ul> <li>Living together, marriage and civil partnerships</li> </ul>
	<ul> <li>Making relationships work</li> </ul>
	Qualities of a partner
	Menstruation
	Abortion
10	RSE Topic: Relationships
	Content Covered:
	<ul> <li>Ending relationships</li> </ul>
	The right time
	<ul> <li>Taking things further</li> </ul>
	Contraception
	Gender equality
	Equality and the law
11	RSE Topic: Relationships
	Content Covered:
	<ul> <li>Going out and staying safe</li> </ul>
	<ul> <li>Online dating,</li> </ul>
	<ul> <li>Sex, drugs and alcohol</li> </ul>
	<ul> <li>Getting to know your body</li> </ul>
	The importance of communication
	<ul> <li>Getting along and dealing with conflict</li> </ul>