

# What is self-neglect?

## Living conditions

There may be a lack of utilities such as heat or water, or issues with general upkeep and repairs. They may be living in unsanitary and untidy conditions.

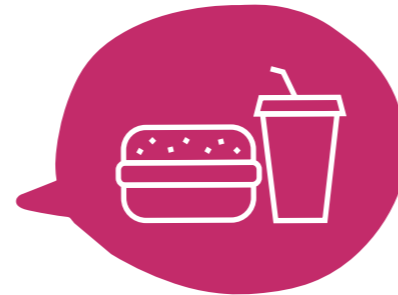


## Long-Term hoarding

Having things they don't need, difficulty discarding possessions or experiencing fear or anxiety around throwing items away.

## Poor health

Unwillingness or inability to take medication as prescribed, untreated issues or wounds. They may not be eating or drinking properly, with a lack of energy or may appear malnourished.

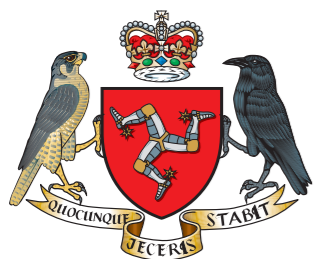


## Poor personal care

Poor personal hygiene including odour and an unkempt appearance, could include matted hair, dirty nails or clothes. Reluctance or refusal to engage with services and assessments, accept support.

If you have a concern about someone's welfare you can report this to the safeguarding team on **01624 685969**.

For any concerns out of office hours please call for the on-call social worker on **01624 650000**, or for immediate welfare concerns please call the police.



**Isle of Man**  
Government

*Reiltys Ellan Vannin*



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# Do you know the signs of self-neglect?



## Unsafe home

Lack of utilities or general upkeep and repairs



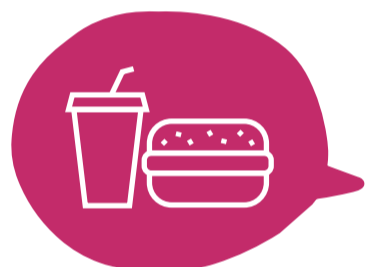
## Hoarding

Having things you don't need, difficulty discarding possessions



## Unsanitary home

Poor cleanliness around the home



## Poor eating habits

Not eating or drinking properly, lack of energy, malnourished



## Poor personal hygiene

Odour, lack of cleanliness, matted hair, dirty nails or clothes



## Lack of medical care

Not taking medication as prescribed, untreated issues, soiled bandages

If you're worried about a relative, friend or neighbour then please report your concerns to the safeguarding team on **01624 685969**.

Out of office hours please call for the on-call social worker on **01624 650000**.



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